



Ann Arbor Sewing and Quilting Center

5235 Jackson Rd
Ann Arbor, MI 48103
734-761-3094

www.annarborsewing.com

Flip and Stitch Bean Bag Toss Game

Supplies:

Floor Mat:

- $\frac{3}{4}$ yard of main block fabric
- $\frac{1}{4}$ yard of accent fabric
- $\frac{3}{4}$ yard of backing fabric
- Polyester batting

Bean Bags:

- $\frac{1}{2}$ yard of main fabric
- $\frac{1}{8}$ yard of accent fabric (optional: for applique)
- Bag of dried beans
- Thread
- Rotary Cutter
- Cutting Mat
- Ruler
- Marker
- Point Turner
- Fusible Webbing
- Applique print outs (see below)



Directions:

Floor Mat:

1. From the red polka dot fabric, cut five $12 \frac{1}{2}$ " squares.
2. From blue accent fabric, cut four $3 \frac{1}{2}$ " x $12 \frac{1}{2}$ " rectangles.
3. From the batting, cut five $12 \frac{1}{2}$ " squares and cut four $3 \frac{1}{2}$ " x $12 \frac{1}{2}$ " rectangles.
4. Cut the backing fabric into 2 strips, $12 \frac{1}{2}$ " x width of fabric. Cut off the salvage and seam the middle. Your backing will need to be cut and sewn to $12 \frac{1}{2}$ " x 71".

5. Lay one $12 \frac{1}{2}$ " square right side up on top of a 12



$\frac{1}{2}$ " square piece of batting. On one side of the square lay a $3\frac{1}{2}$ " x $12\frac{1}{2}$ " rectangle right side down. Next, place a piece of rectangle batting on top of the fabric rectangle. Sew down the side of the sandwich using a $\frac{1}{4}$ " seam allowance. (If you do not have a walking foot or dual feed, you may want to use a $\frac{1}{2}$ " seam allowance to help limit your fabric and batting from shifting.)



6. Flip open and finger press.

7. Lay one square right side down with a batting square on top. Sew along side.

8. Continue steps 5-7, alternating sewing in a square and a rectangle, to complete the top of the floor mat.

9. Once the top is finished, press the seams open and trim off the



uneven ends.

10. Putting the top and backing fabric right sides together, sew around the entire mat using a $\frac{1}{2}$ " seam allowance. Leave a 3" opening.

11. Trim off the corners of the mat, making sure not to cut any stitching.

12. Turn the mat right side out and use a point turner for precise corners (make sure not to pierce through the fabric). Press.

13. Topstitch around the entire mat using $\frac{1}{4}$ " seam allowance.

14. Trace the numbers on fusible web. Don't forget to REVERSE your numbers so when you iron them on, they are correct. A light box or window is helpful.

15. Iron numbers on to the top of the mat. Stitch the numbers on to the floor mat. Appliqueing will also help keep the batting secure to the mat.



Bean Bag:

1. Cut eight $6\frac{1}{2}$ " squares.

2. Trace four stars on to fusible webbing. Iron fusible webbing on the accent fabric. Cut out the star and iron on four of the squares.

3. Stitch around the stars with a zig zag, applique, or straight stitch.

4. Place one appliqued square and one plain square right sides together, sew around the squares using $\frac{1}{2}$ " seam allowance, leaving an opening to turn. Trim off the corners making sure not to cut into the stitching line.

5. Turn the squares right side out. To create the most precise corners, use a point turner, making sure not to pierce through the fabric. Press.

6. Pour a cup of beans in to the





bean bag's opening.

7. Top stitch (1/4") around the bean bag, keeping the beans inside of the bag.

Need Help? We have a video tutorial on our website at
www.annarborsewing.com



1

2

3

4

5

O